



Young workers secure your rights!

You have the right to be heard in your workplace.

The best way to do this is by forming or joining a union with your co-workers. We are all unique, but together we work in the same workplaces, in the same companies, and in the same industries. Regardless of differences, we are stronger together because unity is strength.

Being part of a union is particularly important for young workers. With lesser training and experience on the job, young workers have less bargaining power. Being part of a union helps level the playing field.

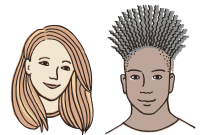
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As a worker, you have rights, including:

- the right to join a union and have union representation on the job
- the right of your union to negotiate for better wages and conditions
- the right to a safe and healthy workplace
- the right to protection from all forms of discrimination
- the right to equal pay for work of equal value
- the right to a workplace free of sexual harassment, bullying and gender based violence

These are internationally recognized human rights, and companies should respect them. But in practice these rights are not always respected.

If rights are not respected at your workplace, **contact the union below**. If management obstructs workers from freely accessing their rights the union will contact the IUF.



www.iuf.org

The IUF is an international federation of over 400 affiliated trade unions representing over 10 million workers employed in agriculture and plantations; the preparation and manufacture of food and beverages; hotels, restaurants and catering services and all stages of tobacco processing.

Contact the IUF Secretariat at iuf@iuf.org