

Mchitidwe wachipongwe kwa amayi sioloredwa ayi pena pali ponse

Sexual harassment is not acceptable in any circumstances

Lemekezani nthupi langa lemekezani ntchito yanga

Respect my body, respect my workplace

Mabwana olemba ntchito ndilembeni ntchito malingana ndi mgwirizano waukadaulo wanga osati nthupi langa

Sexual favours must never be demanded in return for work



A Union ya Plantation Agriculture Workers Union azakuthandizani pamene mwachitilidwa nkhanza zosiyasiya pamalo antchito, monga kukakamizidwa kukugonani, kukugwilani bele ngakhale matakho pomwe inu simukufuna. Ngati zakuchitakilani izi kapena mwaona izi zikuchitika imbani phone pa manambala ali pansipa ndipo muzanthandizidwa:

The Plantation and Agriculture Workers Union is here to protect you and help you. If you are a witness, a victim of sexual harassment or sexual assault, call in total confidentiality the following numbers:

**099 870-6667 | 088 051-2761
088 255-2762**



Ogwira ntchito ku Malawi akuti **NO ku nkhanza zogonana**

Workers in Malawi say **NO to sexual harassment**



Ogwira ntchito ku Malawi akuti **NO** ku nkhanza zogonana **Workers in Malawi say NO to sexual harassment**



insult, jokes and remark with a sexual connotation

Kuyankhula molaula, ndemanga zonyoza sizoloredwa pamalo antchito

Musagwire malo obisika / osayenera wina asakufuna



touching, caressing or assaults

gesture with sexual connotation or exhibitionism



Tisapasane masaina a zachiwewere pa Malo antchiot e.g. kuphinyirana maso

sexual invitation or request, with or without threats



kukopana kapena kunyengelerani zoganana zosaloredwa e.g. kuyang'ana mwachikoka



stalking



Kutumiza mamesegi, ndemanga zosakhlabwino ma gulupu a macheza

Nkhaza zokakamiza kugonana ndi munthu moopsezewa sizoloredwa pamalo antchito



sexual assault, rape

